



PICKLEBALL

With

Dr. Todd Garner

Thursday Nights

February 7, 2024–March 13, 2024

5:30 pm–7:00 pm

**Kenneth L. Johnson, Sr., Health Physical Education
& Recreation Complex Gymnasium**

Non-Employees \$35 pay using UAPB/Wellness Shopping Cart

[HTTPS://WWW.UAPB.EDU/ADMINISTRATION/FINANCE ADMINISTRATION/UAPB WELLNESS PROGRAM.ASPX](https://www.uapb.edu/administration/finance_administration/uapb_wellness_program.aspx)

PLEASE CONSULT WITH YOUR PHYSICIAN AND/OR HEALTH CARE PROFESSIONAL BEFORE PERFORMING ANY NEW EXERCISE OR EXERCISE TECHNIQUES. ANY APPLICATION OF THESE TECHNIQUES AND YOUR DECISION TO PARTICIPATE IN THE WELLNESS PROGRAM ARE SOLELY AT YOUR OUR RISK